

# ST. MARY OF THE VISITATION PARISH



16 Cooper Street,  
Cambridge, Ontario N3C 2N2

519-658-4443

[stmarycambridge@hamiltondiocese.com](mailto:stmarycambridge@hamiltondiocese.com)

[www.stmaryhespeler.ca](http://www.stmaryhespeler.ca)

**Rev. David Reitzel**, Pastor  
[dreizel@hamiltondiocese.com](mailto:dreizel@hamiltondiocese.com)

Rev. Mr. Michael Foulger, Permanent Deacon  
Mrs. Catherine Quinto Garcia, Pastoral Minister  
Mrs. Rosanne Nusca, Administrative Assistant

## SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.  
Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.  
Mass for children in Kindergarten to Grade 2*

## WEEKDAY MASSES

Tuesday 7:00 p.m.  
Wednesday 8:00 a.m.  
Thursday 8:00 a.m.  
Friday 8:00 a.m.

## PRAYING THE ROSARY

Tuesday at 6:30 p.m. and  
7:30 a.m. on Wednesday, Thursday and Friday.  
All are welcome.

## PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting  
Sunday at 12 noon through Saturday at 5:00 p.m.  
For more information please call Sheila at 519-  
658-9414.

## OUR PARISH SCHOOLS

Our Lady of Fatima School	519-658-4041
St. Elizabeth School	519-651-0400
St Gabriel School	519-658-2008
St. Benedict Secondary School	519-621-4050

## PARISH OFFICE HOURS

(Located in the lower level of the church)  
Monday to Friday: 9:00 a.m. to 4:30 p.m.

## NEW PARISHIONERS

Please register through our parish website or by  
completing a form located at the parish entrances.

## SACRAMENT OF RECONCILIATION

Saturday 4:00 p.m. to 4:45 p.m. or  
by appointment.

## SACRAMENT OF BAPTISM

Please contact the parish office to begin the process  
of preparing your child and family for this  
Sacrament.

## SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date  
of marriage in order to begin preparations.

## PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father David and  
Deacon Michael would be most willing to visit.

## ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.


**TWENTY-THIRD SUNDAY IN ORDINARY TIME**

Date	Time	Mass Intentions	Requested by
Tuesday, September 10	6:00 p.m. <i>Please note time change</i>	+ Esther Coutinho + Gary Foran + Deborah Sloan + Marietta Kempjak	Maria Mendonca Carol Drewery Carol and Richard O'Brien Maria Pock
Wednesday, September 11	8:00 a.m.	+ Wayne Hilker	The Yust Family
Thursday, September 12	8:00 a.m.	+ Rod and Mary Hilker	Catharine Carter and Jack Hilker
Friday, September 13	8:00 a.m.	+ Kathleen Coppes	Henk Coppes
Saturday, September 14	5:00 p.m.	+ Urban and Anne Schmidt + Ann Louise Cormier Intentions of Michael Labuda Intentions of Lynda Caron	Gerard Schmidt Randy Cormier The Labuda Family Frank and Sheila Mauser

**RCIA INTERESTED IN BECOMING CATHOLIC?**

Are you or anyone you know interested in becoming Catholic? We would like to start the process of preparation in the Fall. If you have thought about being baptized or being received into the Church, please call the office to make an appointment with Father David.

**CHILDREN'S LITURGY:** The Children's Liturgy program will resume this Sunday, September 8<sup>th</sup> at the 11:00 a.m. Mass. Children who are in school but have not made their First Holy Communion are invited to participate.

 **COFFEE SUNDAY:** Join your fellow parishioners for coffee and cookies on **Sunday, September 15, 2024** following all Masses.

**ALTAR SERVER TRAINING:** There will be an altar server training session and meeting for all Altar Servers on **Saturday, September 28** starting at 10:30 a.m. for new servers and 11:00 a.m. for current servers. *Pizza lunch will follow!*

**VOLUNTEERS NEEDED!** We are looking for **additional Altar Servers** (grade 3 and up) and **Ushers** to begin in the fall. Please speak with Father David or contact the parish office if you are interested in joining.

**ARE YOU REGISTERED IN THE PARISH?** Even though you attend Mass at our parish, you may not be registered if you have not submitted a registration form in the past. Please register your family in preparation for Baptisms, First Communion, Confirmation, etc. Register online at <https://www.stmaryhespeler.ca/new-parishioners>



**JOIN US FOR A FAMILY ROSARY NIGHT!** You and your family are invited to join us for a Family Rosary Night on **Thursday, September 26<sup>th</sup>** at 6:30 p.m. in the church.

*This is a wonderful opportunity to:*

1. Pray together as a family
  2. Strengthen your family bond.
  3. Seek the intercession of the Blessed Virgin Mary
- Come join us for an evening of faith, love and prayer. Coffee and refreshments to follow, providing a chance to connect with fellow parishioners.



**ENCOUNTERING JESUS:** A wonderful opportunity awaits you in our Adoration Chapel. An opportunity to encounter Jesus - to spend quality time with Him in silent adoration. If you would like to spend one hour a week with Jesus, truly present in the Blessed Sacrament, please call Sheila @ (519) 658-9414

**PARISH OFFERINGS**

**August 31 - September 1, 2024**

Sunday Envelopes (125):	\$3,366.85
Loose Offerings:	\$793.00

*Your financial support is greatly appreciated.*



**THANK YOU:** We wish to thank the Knights of Columbus Council #4916 for their generous donation of \$1000 in support of our parish.

**SPANISH PRAYER GROUP** will resume on **Wednesday, October 2 at 8:00 p.m.** at St. Mary of the Visitation Parish. All are welcome. For more information contact Carmen: (905) 483-9481 or Erika: (519) 222-6333



**WALK FOR LIFE:** Cambridge Right to Life will be holding their biggest annual "Walk for Life" fundraiser this month to continue their work of defending "Life from conception til natural death". Following in the foot steps of Father Ed, Father David has agreed to walk on behalf of St. Mary's to help raise funds. The 5K walk will take place **September 21<sup>st</sup> at 10 am** from the Grace Bible Church at 2 Grand Ave S. If you would like to help this cause by sponsoring Father David, a sponsor sheet will be posted on the bulletin board in the hall, and placed on tables at entrances along with donation envelopes. Envelopes can be placed in collection baskets. Those wishing to join the walk may do so as well by contacting Chris at 519-400-3657. Thank you for your consideration.

**SAFETY AND THE AWARENESS OF FRAUD:** An information session presented by the Waterloo Regional Police Services in response to the concern of the increase of fraud experienced on the Internet **Tuesday, September 10<sup>th</sup> at 1:30 p.m., St Patrick's Parish Church Hall**, 53 Wellington St. Church Hall entrance is located at the back of the building behind the office. Wheelchair accessible. *Sponsored by St Patrick Catholic Women's League.*

**ANNUAL RED MASS:** The "Red Mass" is the name given to the Eucharistic celebration during which the guidance of the Holy Spirit is invoked for divine wisdom for all those who plead, interpret and apply the law for the welfare of the people. The Mass takes its name from the red vestments worn by the clergy at a Votive Mass of the Holy Spirit, and the red robes traditionally worn by the judges. You are welcome to attend this year's Red Mass in the Hamilton Diocese, which will be celebrated by His Excellency, Bishop Crosby, at **St. Augustine Parish, Dundas, at 9:30 am on Wednesday, September 11.** The Mass will be followed by a brunch, with guest speaker Mr. Sam Mercanti, the author of "Risen From the Shop Floor: Lessons from an Entrepreneur". For more information, or to register for the Brunch, e-mail Sam Garcia at [sgarcea@confentegarcea.com](mailto:sgarcea@confentegarcea.com)

**SPANISH YOUNG ADULTS (17 & OLDER) RETREAT:** **Sunday, September 22** (9 am to noon), Comunidad Evangelizadora Mensajeros de la Paz (CEMP) invites all young adults to a Spanish retreat at St. Michael's Parish (181 Sewell Drive, Oakville). Theme: "Conociendo a Jesus Eucaristía ", Guest speakers: Fr. Diego Gonzalez and Fr. Gaston Kitegroski from Argentina. Fee: \$15. For more information contact Carmen: (905) 483-9481 or Erika: (519) 222-6333

**SPANISH RETREAT:** This **September 20-22**, the Comunidad Evangelizadora Mensajeros de la Paz (CEMP), invites you to a Spanish retreat at St. Michael's Parish, 181 Sewell drive, Oakville. Theme: "Sanando el Corazon Herido", Guest speakers: Fr. Diego Gonzalez and Fr. Gaston Kitegroski from Argentina. Fee: \$35. For more information contact Carmen: (905) 483-9481 or Erika: (519) 222-6333



**MARRIAGE TIP OF THE MONTH:** Relationship experts remind us that quantity and quality time matter in relationships. Take a moment to assess your relationship: how much time are you spending together and are you considering how you connect during those times. You might share a movie, family time and chores, but be sure there are times when you talk directly to each other, share your joys and sorrows, discuss your plans as a couple. Staying connected takes effort but ensures a strong and everlasting love. (From: Family Ministry Office; 905-528-7988 ext. 2250)



**THE POPE'S PRAYER INTENTION:** **For the cry of the Earth**  
Let us pray that each of us listen with our hearts to the cry of the Earth and of the victims of environmental disasters and the climate crisis, making a personal commitment to care for the world we inhabit. *Pope Francis – September 2024*  
Watch the video: <https://thepopevideo.org>

**HEARTACHE TO HEALING - GRIEF SUPPORT GROUP AT ST. MICHAEL PARISH, WATERLOO -** Grief support provides companionship on the long journey through the grief process. Our support group follows the process developed by Dr. Bill Webster, an experienced leader in grief counselling. All who have suffered a loss are welcome, regardless of how much time has passed since your loss. A monthly informal drop-in support is available at St. Michael Parish on the 2<sup>nd</sup> Wednesday of the month; 7pm in the Parish Resource Centre/Library. The 6- week Program-theory and sharing runs Wednesday evenings (6 consecutive weeks) from **October 16<sup>th</sup> to November 20<sup>th</sup> at St. Michael Parish**, Waterloo. *Registration is required by October 1st* for this program by contacting our Parish office 519-884-9311, or email [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca).

**FRASSATI LEADERSHIP PROGRAM:** The Office of Youth Ministry will be holding a Catholic leadership program for young people in grade ten (ages 15-16). Registration for this program **closes October 25th** and can be found at <https://tinyurl.com/frassati2024>

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To learn more about your  
Parish Knights of Council #4916

Contact  
GK George Harris  
**519-621-3665**  
or  
PGK Dan Schmalz  
**519-239-5003**



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